

# Sun Oaks Summer Junior Tennis Registration

\_\_\_\_\_  
Players Name

\_\_\_\_\_  
Age

\_\_\_\_\_  
Parents Name

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Email

Sun Oaks Member?    Yes    No

## Tennis Clinics (Select one and how often the player will attend)

- |   |            |            |             |
|---|------------|------------|-------------|
| <input type="radio"/> Future Stars (Ages 5-10)                                | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Emerging Strikers (Ages 9-14)                           | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Competitive Development ( <i>Skills Test Required</i> ) | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Speed & Performance ( <i>Required for Academy</i> )     | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Academy ( <i>Approval Required</i> )                    | Daily Rate | By Session | Summer Rate |

## Payment Method

Cash    Charge My Account    Check # \_\_\_\_\_

Master Card/Visa \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

### **Summer Team Tennis**    check box

Play Friday matches against other area players. This is a wonderful opportunity to gain match play experience in a fun, team atmosphere.

\$40 Per Player for 6 Weeks.....June 19-July 31

To sign up for a team email: [tennis@sunoaks.com](mailto:tennis@sunoaks.com)

## Clinic Sessions

**Session #1:** June 8–June 25

**Session #2:** June 29–July 16 (no junior clinics July 4)

**Session #3:** July 20–August 6

## Clinic Schedule

### **Future Stars:**

Mon.-Thurs., 9–10 AM

### **Emerging Strikers:**

Mon.-Thurs., 10–11 AM

### **Competitive Development:**

Mon.-Thurs., 12–1:30 PM

### **Speed & Performance\*:**

Tues. & Thurs., 1:30–2:30PM

### **Academy Training:**

Mon.-Thurs., 2:30–4:00 PM

\*Required for Academy Training

## Clinic Prices

### **Future Stars:**

	Members	Non-Members
Daily	\$10	\$10
Session	\$50	\$60
Summer	\$130	\$160

### **Emerging Strikers:**

	Members	Non-Members
Daily	\$10	\$10
Session	\$60	\$70
Summer	\$150	\$180

### **Competitive Development:**

	Members	Non-Members
Daily	\$14	\$16
Session	\$120	\$150
Summer	\$350	\$430
Summer Plus**	\$435	\$520

### **Speed & Performance\*:**

	Members	Non-Members
Daily	\$9	\$10
Session	\$45	\$50
Summer	\$115	\$130

### **Academy Training:**

	Members	Non-Members
Daily	\$14	\$16
Session**	\$165	\$200
Summer**	\$435	\$520

\* Required for Academy Training

\*\* Includes Speed & Performance

# Clinic Descriptions

**Future Stars:** Ages 5-10 Players will learn foundational tennis strokes through fun-filled activities from enthusiastic instructors who are well versed in the modern game of tennis. The coaches use progression equipment to teach the foundational components of tennis. Learning tennis specifics such as balance and hand eye coordination will establish correct patterns that will be helpful in tennis but also applicable to other sports.

**Emerging Strikers:** Ages 9-14 Players will be instructed in all strokes using progression equipment and specific “tennis vocabulary.” This method is designed to help make advanced tennis strokes easy to learn. Players will learn scoring and basic strategies of play so they can move from hitting a tennis ball to game play. This is an ideal class for those interested in playing junior high school tennis and/or USTA Novice Tournaments.

**Competitive Development:** Advanced middle school players and intermediate high school players will learn the skills and tactical knowledge they need to become successful varsity high school players. Drills, game scenarios, and specific instruction suited to individual styles will be the basis of these energetic and focused sessions.

**Academy Training:** Players in this level are committed, self-motivated, and actively competing in tournaments and match play. High intensity drills will improve match play strategy, mental skills, footwork, shot selection, fitness, and overall competitiveness. All players must be pre-approved by Director of Tennis, Jeremiah Walsh, for participation in this program.

**Speed & Performance:** This high intensity program is designed to give all athletes at every level the tools and heart to achieve fitness and performance levels that they have always dreamed of. Sessions are built to incorporate speed, running techniques, explosion training and injury prevention as they grow and develop. These classes strengthen the athlete to promote physical and mental toughness, which are crucial components to an athlete’s success. All athletes from any sport are encouraged to join us for these tough and exciting workouts. Tennis players in Academy are required to attend.