

Sun Oaks Summer Junior Tennis Registration

Players Name

Age

Parents Name

Cell phone

Email

Sun Oaks Member? Yes No

Tennis Clinics (Select one and how often the player will attend)

- | | | | |
|---|------------|------------|-------------|
| <input type="radio"/> Future Stars (Ages 5-10) | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Emerging Strikers (Ages 9-14) | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Competitive Development (<i>Skills Test Required</i>) | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Speed & Performance (<i>Required for Academy</i>) | Daily Rate | By Session | Summer Rate |
| <input type="radio"/> Team Training (<i>Approval Required</i>) | Daily Rate | By Session | Summer Rate |

Payment Method

Cash Charge My Account Check # _____

Master Card/Visa _____

Expiration Date _____ Security Code _____

Summer Team Tennis

Play Friday matches against other area players. This is a wonderful opportunity to gain match play experience in a fun, team atmosphere.

\$40 Per Player for 6 Weeks.....June 17-July 29
(no matches on July 1)

To sign up for a team email: tennis@sunoaks.com

Clinic Sessions

Session #1: June 6—June 23

Session #2: June 27—July 14 (no junior clinics July 4)

Session #3: July 18—August 6

Clinic Schedule

Future Stars:

Mon.-Thurs., 9—10 AM

Emerging Strikers:

Mon.-Thurs., 10—11 AM

Competitive Development:

Mon.-Thurs., 12—1:30 PM

Speed & Performance*:

Tues. & Thurs., 1:30—2:30PM

Team Training I*:

Mon.-Thurs., 2:30—4:00 PM

Team Training II*:

Mon.-Thurs., 12:00—1:30 PM

(Includes S & P 1:30-2:30) 2:30-4:00 PM

* Required for Team Training

Clinic Prices

Future Stars:

	Members	Non-Members
Daily	\$10	\$10
Session	\$50	\$60
Summer	\$130	\$160

Emerging Strikers:

	Members	Non-Members
Daily	\$10	\$10
Session	\$60	\$70
Summer	\$150	\$180

Competitive Development:

	Members	Non-Members
Daily	\$14	\$16
Session	\$120	\$150
Summer	\$350	\$430
Summer Plus **	\$435	\$520

Speed & Performance*:

	Members	Non-Members
Daily	\$9	\$10
Session	\$45	\$50
Summer	\$115	\$130

Team Training I:**

	Members	Non-Members
Daily	\$14	\$16
Session**	\$165	\$200
Summer**	\$435	\$520

Team Training II:**

	Members	Non-Members
Daily	\$14	\$16
Session**	\$225	\$270
Summer**	\$550	\$640

* Required for Team Training

** Includes Speed & Performance

Clinic Descriptions

Future Stars: Ages 5-10 Players will learn foundational tennis strokes through fun-filled activities from enthusiastic instructors who are well versed in the modern game of tennis. The coaches use progression equipment to teach the foundational components of tennis. Learning tennis specifics such as balance and hand eye coordination will establish correct patterns that will be helpful in tennis but also applicable to other sports.

Emerging Strikers: Ages 9-14 Players will be instructed in all strokes using progression equipment and specific “tennis vocabulary.” This method is designed to help make advanced tennis strokes easy to learn. Players will learn scoring and basic strategies of play so they can move from hitting a tennis ball to game play. This is an ideal class for those interested in playing junior high school tennis and/or USTA Novice Tournaments.

Competitive Development: Advanced middle school players and intermediate high school players will learn the skills and tactical knowledge they need to become successful varsity high school players. Drills, game scenarios, and specific instruction suited to individual styles will be the basis of these energetic and focused sessions.

Team Training I & II: Players in this level are committed, self-motivated, and actively competing in tournaments and match play. High intensity drills will improve match play strategy, mental skills, footwork, shot selection, fitness, and overall competitiveness. All players must be pre-approved by Director of Tennis, Jeremiah Walsh, for participation in this program.

Speed & Performance: This high intensity program is designed to give all athletes at every level the tools and heart to achieve fitness and performance levels that they have always dreamed of. Sessions are built to incorporate speed, running techniques, explosion training and injury prevention as they grow and develop. These classes strengthen the athlete to promote physical and mental toughness, which are crucial components to an athlete’s success. All athletes from any sport are encouraged to join us for these tough and exciting workouts. Tennis players in Team Training are required to attend.