

# Gym Club Program Schedule - White Space Open for Activities

Nov. 2015	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
5:15 AM		FIT		FIT			
5:30 AM	Boot	David	Boot	David			
6:00 AM	Camp		Camp				
6:15 AM							
7:15 AM							
8:00 AM						Karate	
8:15 AM	LIFE		LIFE				
8:30 AM	Brooke		Brooke				
9:00 AM		Boot		Boot			
9:15 AM		Camp		Camp			
9:45 AM							
9:30 AM							
10:15 AM	Seniors		Seniors		Seniors	(10-11am) Speed &	
10:30 AM						Performance	
11:00 AM	Seniors		Seniors		Seniors		
11:30 AM	11:05 AM						
12:00 PM	CTT	LIFE	CTT	LIFE			
12:30 PM		Sarah		Sarah			
1:00 PM							
2:00 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:15 PM							
4:30 PM	PUNCH	Speed &	PUNCH	Speed &			
5:15 PM	David	Performance	David	Performance			
5:30 PM	FIT	Boot	FIT	Boot			
5:45 PM	David	Camp	David	Camp			
6:15 PM		FIT		FIT			
6:30 PM		Justin		Justin			
6:45 PM							
7:15 PM							
7:30 PM							
7:45 PM							
8:00 PM							
9:00 PM							
10:00 PM							

**Club Activities Have Priority**

# Upstairs Studio Club Activities

White space open for activities - Check out key at front desk

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM							
8:30 AM	BarreBurn		BarreBurn		BarreBurn		
9:00 AM							
9:30 AM							
10:00 AM							
11:00 AM		Tennis Dept.					
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
3:30 PM	Kids Dance			Kids Play			
4:00 PM							
4:30 PM		Kids Yoga					
5:00 PM							
5:30 PM		Kids		Kids			
6:00 PM	Adult Karate	Karate	Adult Karate	Karate			
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
9:00 PM							
10:00 PM							