












studio B schedule							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 AM	<i>Yoga Flow</i> <b>Terie</b>		<i>Yoga Flow</i> <b>Terie</b>				
8:00 AM		 <b>David</b>		 <b>David</b>			
9:00 AM	 <b>Kama</b>	<i>Yoga Bliss</i> <b>Terie</b>	 <b>Kama</b>	<i>Yoga Bliss</i> <b>Terie</b>	<b>YOGA WARRIOR</b> <b>Brooke</b>	 <b>Nicole</b>	
10:00 AM	<i>Yoga Bliss</i> <b>Randy</b>		<i>Yoga Bliss</i> <b>Randy</b>		<i>Pilates</i> <b>Amie</b>		
10:30 AM		 <b>Sarah</b>		 <b>Sarah</b>			
4:30 p.m.	 <b>Cheryl/</b>	<i>Yoga Flow- Upstairs Studio</i> <b>Jamie</b>	 <b>Cheryl</b>	<i>Yoga Flow- Upstairs Studio</i> <b>Jamie</b>			
5:30 p.m.	 <b>Rachelle</b>	<i>Vinyasa Flow</i> <b>Brooke/Malia</b>	 <b>Rachelle</b>	<i>Vinyasa Flow</i> <b>Brooke/Malia</b>			
6:30 p.m.	<i>Pilates</i> <b>Amie</b>		<i>Pilates</i> <b>Amie</b>				