












studio B schedule							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 AM	<i>Yoga Flow</i> Terie		<i>Yoga Flow</i> Terie				
8:00 AM		 David		 David			
9:00 AM	 Kama	<i>Yoga Bliss</i> Terie	 Kama	<i>Yoga Bliss</i> Terie	YOGA WARRIOR Brooke	 Nicole	
10:00 AM	<i>Yoga Bliss</i> Randy		<i>Yoga Bliss</i> Randy		<i>Pilates</i> Amie		
10:30 AM		 Sarah		 Sarah			
4:30 p.m.	 Cheryl		 Cheryl				
5:30 p.m.	 Rachelle	<i>Yoga Flow</i> Jamie	 Rachelle	<i>YogaFlow</i> Jamie			
6:30 p.m.	<i>Pilates</i> Amie		<i>Pilates</i> Amie				