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## SOAR SUMMER SWIM TEAM 2016

June 8th - July 29st

This program is designed to bring kids into competitive swimming. This is also a great way for the high school swimmer to get tuned up for the fall high school season. There will be several local swim meets. Kids will focus on swimming in the local NVAL league championships, and learn necessary skills for competition such as race dives, backstroke starts and freestyle flip turns. Kids will swim more laps at this level than at in the Stroke School developmental level. **Ages 7 – 18**



**Dates:** June 8th - July 29st

**Practice Times:** Monday - Thursday

Ages	Practice Time	Member Fee	Non-member Fee
7-8 yr. old	10-11 a.m.	\$130	\$155
9-10 yr. old	10-11:15 a.m.	\$150	\$175
11 & up	10-11:30 a.m.	\$170	\$195

*(Plus USA Swimming Registration, \$46 if paid by check and \$49.75 if paid by credit card. Register at swim-smarter.com. Create a username and password to register for SN-swimming.org. Register for Season 1.)*

### Head Coach Robin Brickenden Private/Semi-Private Lesson Schedule

Mon.-Thurs. 1-3 p.m.

\*20 min. time slots for private lessons

\*30 min. time slots for semi-private lessons

**See the Front Desk to sign-up.**

