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## SOAR SUMMER SWIM TEAM 2015

June 8th - July 31st

This program is designed to bring kids into competitive swimming. This is also a great way for the high school swimmer to get tuned up for the fall high school season. There will be several local swim meets. Kids will focus on swimming in the local NVAL league championships, and learn necessary skills for competition such as race dives, backstroke starts and freestyle flip turns. Kids will swim more laps at this level than at in the Stroke School developmental level. **Ages 7 – 18**



**Dates:** June 8th - July 31st

**Practice Times:** Monday - Thursday

Ages	Practice Time	Member Fee	Non-member Fee
7-8 yr. old	10-11 a.m.	\$130	\$140
9-10 yr. old	10-11:15 a.m.	\$150	\$160
11 & up	10-11:30 a.m.	\$170	\$180

*(Plus USA Swimming Registration, \$46 if paid by check and \$49.75 if paid by credit card. Register at swim-smarter.com. Create a username and password to register for SN-swimming.org. Register for Season 1.)*

### Head Coach Randy Teeters Private/Semi-Private Lesson Schedule

Mon.-Thurs. 1-3 p.m.  
 \*20 min. time slots for private lessons  
 \*30 min. time slots for semi-private lessons

See the Front Desk to view fee schedules and to sign-up.

