




studio C schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15 a.m.	<i>Express</i> Brooke		 Brooke		<i>Freestyle</i> Nancy		
6:20 a.m.		 David		 David			
7:30 a.m.	<i>Express</i> David	 Rachelle	<i>Express</i> David	 Rachelle	<i>Express</i> David		
8:00 a.m.						 Matt	
8:15 a.m.	 Deborah	<i>Express</i> Nancy	 Melissa	<i>Express</i> Nancy	<i>Express</i> Brooke		
10:00 a.m.	 Matt		 Matt			 Sandra	
10:30 a.m.							 Rachelle
11:15 a.m.		 Kama		 Kama	 Melissa		
3:30 p.m.	 David		 David				
4:00 p.m.					 Deborah		
5:00 p.m.		 Deborah		 Deborah			
5:30 p.m.		 Deborah		 Deborah			
6:00 p.m.	Performance Ride Nancy		Performance Ride Nancy				