



















































# studio A schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15 a.m.		 <i>Nicole</i>	 <i>Kama</i>	 <i>Nicole</i>	 <i>Kama</i>		
6:15 a.m.		 <i>Jeanne</i>	 <i>David</i>	 <i>Jeanne</i>	 <i>David</i>		
8:00 a.m.	 <i>Brooke</i>		 <i>Rachelle</i>		 <i>Rachelle</i>	 <i>Jeanne</i>	
9:00 a.m.	 <i>Matt</i>	Group Active begins January 3rd	 <i>Matt</i>	Group Active begins January 3rd	 <i>Kama</i>	 <i>Kate</i>	
9:15 a.m.							 <i>Kate</i>
10:00 a.m.	 <i>Kama</i>	 <i>Kama</i>	 <i>Kama</i>	 <i>Rachelle</i>	 <i>Kama</i>	 <i>Grant</i>	
11:00 a.m.	 <i>Sarah</i>	 <i>Missy</i>	 <i>Sarah</i>	 <i>Anne</i>		 <i>Missy</i>	 <i>Cheryl</i>
12:00 p.m.	 <i>Kama</i>	 <i>Kama</i>	 <i>Kama</i>	 <i>Kama</i>	 <i>Kama</i>		
3:30 p.m.		 <i>David</i>		 <i>David</i>			
4:30 p.m.	 <i>Nikki</i>	 <i>Grant</i>	 <i>Nikki</i>	 <i>Grant</i>	 <i>Nicole D.</i>		
5:30 p.m.	 <i>Christina</i>	 <i>Deborah</i>	 <i>Christina</i>	 <i>Deborah</i>	 <i>Deborah</i>		
6:30 p.m.	 <i>Christina</i>	 <i>Deb</i>	 <i>Christina</i>	 <i>Deb</i>			