








studio B schedule							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 AM		 CENTERGY David	<i>Pilates</i> Bianca	 CENTERGY David			
9:00 AM	 CENTERGY Kama	Yoga Bliss David	 CENTERGY Kama	Yoga Bliss David	Yoga Warrior Ally	Yoga Warrior Ally	
10:00 AM	Yoga Bliss Missy		Yoga Bliss Missy		<i>Pilates</i> Bianca		
10:15 AM							
10:30 AM		 CENTERGY Sarah		 CENTERGY Sarah			
3:30 PM	<i>Intermediate</i> Vinyasa Flow Tasha		<i>Intermediate</i> Vinyasa Flow Tasha				
4:30 PM		Yoga Flow Jamie		Yoga Flow Jamie			
5:30 PM	 ACTIVE Cheryl		 ACTIVE Cheryl				
5:35 PM		Vinyasa Flow Lilla		Vinyasa Flow Lilla			
6:30 PM	Pilates Flow Cali		Pilates Flow Cali				
6:45 PM		Zumba Sandra K.		Zumba Sandra K.			