























studio C schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15 a.m.	<i>Freestyle</i> Nancy		 Nicole D		 Nicole D.		
7:30 a.m.	<i>Express</i> David	 David	<i>Express</i> David	 David	<i>Express</i> David		
8:00 a.m.						 Matt R.	
8:15 a.m.	 Deborah	<i>Express</i> Nancy	 Melissa	<i>Express</i> Nancy	 Melissa		
10:00 a.m.						 Sandra M	
10:15 a.m.	 Matt R.		 Matt R.				
10:30 a.m.							 Rachelle
11:15 a.m.		 Kama		 Kama	 Matt R.		
3:30 p.m.	 Kate		 Kate				
4:30 p.m.		 Deborah		 Deborah			
5:00 p.m.					 Staff		
5:30 p.m.		 Christina		 Christina			