

Gym Club Program Schedule - White Space Open for Activities

Club Activities have Priority - Events will be posted 24 hours in advance

Nov. 2015	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
5:15 AM		TribeFIT		TribeFIT			
5:30 AM	BootCamp	David	BootCamp	David	BootCamp		
6:00 AM	David		David		David		
6:15 AM							
6:30AM							
7:45AM		Weekday		Weekday	Weekday		
8:00 AM		Warrior		Warrior	Warrior	Weekend	
8:15 AM		Deborah		Deborah	Deborah	Warrior	
8:45AM						Chase	
9:00 AM		BootCamp		BootCamp			
9:15 AM		Kama		Kama			
9:30 AM							
9:45 AM							
10:00 AM							
10:15 AM	Seniors		Seniors		Seniors		
10:30 AM							
11:05 AM	Seniors		Seniors		Seniors		
11:30 AM							
11:45PM							
12:00 PM	TribeLIFE	TribeFIT	TribeLIFE	TribeFIT			
12:30 PM	Taylor	Taylor	Taylor	Taylor			
1:00 PM							
1:30PM							
2:00PM							
2:30PM							
3:00 PM							
3:45 PM							
4:00 PM	Kids	Kids	Kids	Kids	Kids		
4:15 PM							
4:30 PM		S&P		S&P	Speed and Performance uses gym, SCC, and back basketball court		
5:15 PM		Chase/Matt		Chase/Matt			
5:30 PM	TribeFIT	BootCamp	TribeFIT	BootCamp	Kids		
5:45 PM	Chase		Chase		Event		
6:30 PM		TribeFIT		TribeFIT	the 2nd		
6:30 PM		Melissa		Melissa	and 3rd		
7:00 PM					Friday		
7:30 PM					of		
7:30 PM					each month		
8:30 PM							
10:00 PM							