










studio B schedule							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 AM		 <i>David</i>		 <i>David</i>			
9:00 AM	 <i>Kama</i>	Yoga Bliss <i>David</i>	 <i>Kama</i>	Yoga Bliss <i>David</i>	Vinyasa Flow <i>Melissa A.</i>	 <i>Melissa H.</i>	
10:00 AM	Yoga Bliss <i>Missy</i>		Yoga Bliss <i>Missy</i>				
10:30 AM		 <i>Sarah</i>		 <i>Sarah</i>			
4:30 PM		Yoga Flow <i>Jamie</i>		Yoga Flow <i>Jamie</i>			
5:30 PM	 <i>Cheryl</i>		 <i>Cheryl</i>				
5:35 PM		Vinyasa Flow <i>Lilla</i>		Vinyasa Flow <i>Lilla</i>			
6:45 PM		Zumba <i>Sandra K.</i>		Zumba <i>Sandra K.</i>			