

# Gym Club Program Schedule - White Space Open for Activities

**Club Activities have Priority - Events will be posted 24 hours in advance**

Nov. 2015	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
5:15 AM		TribeFIT		TribeFIT			
5:30 AM	BootCamp	David	BootCamp	David	BootCamp		
6:00 AM	David		David		David		
6:15 AM							
6:30AM							
7:45AM		Weekday		Weekday	Weekday		
8:00 AM		Warrior		Warrior	Warrior		
8:15 AM	BootCamp	Deborah	BootCamp	Deborah	Deborah		
8:45AM	David		David				
9:00 AM		BootCamp		BootCamp			
9:15 AM		Kama		Kama			
9:30 AM							
9:45 AM							
10:00 AM							
10:15 AM	Seniors		Seniors		Seniors		
10:30 AM							
11:05 AM	Seniors		Seniors		Seniors		
11:30 AM							
11:45PM							
12:00 PM	TribeLIFE		TribeLIFE				
12:30 PM	Taylor		Taylor				
1:00 PM							
1:30PM							
2:00PM							
2:30PM							
3:00 PM							
3:45 PM							
4:00 PM	Kids	Kids	Kids	Kids	Kids		
4:15 PM							
4:30 PM	S&P		S&P	←	Speed and Performance uses gym, SCC, and back basketball court		
5:00 PM	Chase/Matt	BootCamp	Chase/Matt	BootCamp			
5:30 PM	TribeFIT	TribeLIFE	TribeFIT	TribeLIFE	Kids		
5:45 PM	Chase	Melissa	Chase	Melissa	Event		
6:30 PM	BootCamp	TribeFIT	BootCamp	TribeFIT	the 2nd		
6:45 PM	DeAna	Melissa	DeAna	Melissa	and 3rd		
7:00 PM					Friday		
7:30 PM					of		
7:30 PM					each month		
8:30 PM							
10:00 PM							