

JUNIOR +LIFEGUARD PROGRAM

The Junior Lifeguard Program emphasizes leadership, team work and water safety. The first 45 minutes will include classroom training and swim conditioning. The second 45 minutes will be dedicated to lifeguard field training, where under direct supervision, kids will practice being a lifeguard and blow their whistle at rec swim.

AGES 8+. MUST BE ABLE TO SWIM 25 YARDS ON FRONT AND BACK TO PARTICIPATE.

Tuesdays and Thursdays 11:45 - 1:30
(lunch break 12:30-12:45)

Session 1 June 9th-July 2nd
Session 2 July 7th-July 30th

\$125/members
\$135/non-members

SIGN UP ONLINE AT SUNOAKS.COM
OR EMAIL ANGIE@SUNOAKS.COM