

# Junior Tennis Summer Program

Junior Tennis is a great sport to keep your kids active and outside in a spacious, game-oriented environment. Get your sunscreen out and join us on the court this summer!

## Clinic Sessions

Session 1: June 8 - June 25 | Session 2: June 29 - July 16 | Session 3: July 20 - August 6

### Future Stars: Monday - Thursday 9:00-10:00am

Ages 5-10. Players will learn foundational tennis strokes through fun-filled activities from enthusiastic instructors who are well versed in the modern game of tennis. Learning tennis specifics such as balance and hand eye coordination will establish correct patterns that will be helpful in tennis but also applicable to other sports.

	Member	Non-member
Daily	\$10	\$10
Session	\$50	\$60
Summer	\$130	\$160

### Emerging Strikers: Monday - Thursday 10:00-11:00am

Ages 9-14. Players will be instructed in all strokes using progressions equipment and specific "tennis vocabulary". This method is designed to help make advanced tennis strokes easy to learn. Players will learn scoring and basic strategies of play so they can move from hitting a tennis ball to game play. This is an ideal class for those interested in playing junior high school tennis and/or tournaments.

	Member	Non-member
Daily	\$10	\$10
Session	\$60	\$70
Summer	\$150	\$180

### Competitive Development: Monday-Thursday 12:00-1:30pm

Advanced middle school players and intermediate high school players will learn the skills and tactical knowledge they need to become successful varsity high school players. Drills, game scenarios and specific instruction suited to individual styles will be the basis of these energetic and focused sessions.

	Member	Non-member
Daily	\$15	\$17
Session	\$135	\$165
Summer	\$390	\$480
Summer+YST	\$475*	\$570*

### Team & Elite Training: Monday-Thursday 2:30-4:00pm (+SP)

Team: Monday - Thursday 2:30-4:00pm

Elite: Monday - Thursday 12-1:30pm & 2:30-4:00pm

Players in this level are committed, self-motivated, and actively competing in tournaments and match play. High intensity drills will improve match play strategy, mental skills, footwork, shot selection, fitness and overall competitiveness. All players must be pre-approved by Head Tennis Pro, Steve Kinder, for this program. \*Youth Sports Training included in pricing.

	Member	Non-member
Daily	\$15	\$17
Session	\$150	\$180
Summer	\$475*	\$570*

	Member	Non-member
Daily	\$15	\$17
Session	\$240	\$285
Summer	\$590*	\$690*

### Youth Sports Training: Tues & Thurs 1:30-2:30pm

This high intensity program is designed to give all the athletes at every level the tools and heart to achieve fitness and performance levels that they have always dreamed of. Sessions are built to incorporate speed, running techniques, explosive training and injury prevention as they grow and develop. All athletes from any sport are encouraged to join us for these tough and exciting workouts. \*Tennis players in Team Training are required to attend.

	Member	Non-member
Drop In	\$10	\$10
Summer	\$120	\$120

## Summer Team Tennis

\$40 members and non-members

#### Emerging Strikers Team Tennis

Thursdays June 18th -August 6th 11am - 12pm

Kids can't get enough tennis? Emerging Strikers are invited to come play tennis matches Thursdays at 11! This is a wonderful opportunity to gain match play experience in a fun, team atmosphere.

#### Junior Team Tennis

Fridays June 26th -July 31st 8am - 12pm.

Come out on the cool Friday mornings to play matches with and against your teammates and upper classmen! From 8am to 12pm enjoy some more tennis fun before the weekend!

#### Tennis Staff:

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