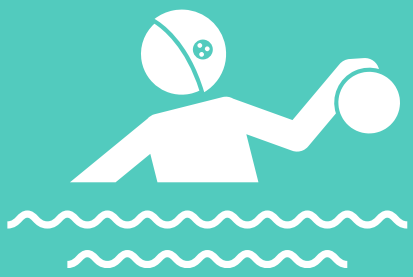
JUNIOR LIFEGUARD PROGRAM

The Junior Lifeguard Program emphasizes leadership, teamwork and water safety. Classes will include classroom training, swim conditioning and lifeguard field training; where under direct supervision, kids will practice being a lifeguard and blow their whistles.

Session 1: June 8 - July 1
Session 2: July 6 - July 29
Mondays and Wednesdays
12:00-12:45 (ages 8-14)

$100 MEMBERS
$120 NON-MEMBERS

SUNOAKS WATER POLO



An introduction to the sport of water polo. This class will cover the basic rules, skill sets & techniques associated with the game of competitive water polo. Players will focus on swimming, passing & shooting. Getting into great shape & tons of fun are a guarantee!! *Classes take place in deep water. Must be able to swim 25 yards on front & back to participate.

$135 MEMBERS
$155 NON-MEMBERS

Session 1: June 9 - July 2 - Scrimmage July 2
Session 2: July 7 - July 30 - Scrimmage July 30
Tuesdays and Thursdays
1:30-2:30pm (ages 8-14) in the covered pool

EMAIL ANGIE@SUNOAKS WITH QUESTIONS.
REGISTER ONLINE AT SUNOAKS.COM